edifying. From Shanando we fet off in the afternoon for the old fettlements of friends in Virginia; and the first night, we, with our pilot, lodged in the woods, our horfes feeding near us; but he being poorly provided with a horse, and we young and having good horses, were free the next day to part with him; and did fo. In two days after, we reached to our friend John Cheagle's, in Virginia: fo we took the meetings in our way through Virginia; were, in some degree, baptized into a feeling fense of the conditions of the people; and our exercise in general was more painful in these old settlements, than it had been amongst the back inhabitants: but through the goodness of our heavenly Father, the well of living-waters was, at times, opened to our encouragement, and the refreshment of the fincere hearted. We went on to Perquimons, in North-Carolina; had feveral meetings, which were large; and found some openness in those parts, and a hopeful appearance amongst the young people. So we turned again to Virginia, and attended most of the meetings which we had not been at before, labouring amongst friends in the love of Jesus Christ, as ability was given: and thence went to the mountains, up James River, to a new fettlement; and had feveral meetings amongst the people, some of whom had lately joined in membership with our fociety.

In our journeying to and fro, we found fome honest-hearted friends, who appeared