to feek for words, but to live in the spirit of truth, and utter that to the people which truth opened in us. My beloved companion and I belonged both to one meeting, came forth in the ministry near the same time, and were inwardly united in the work: he was about thirteen years older than I, bore the heaviest burthen, and was an instrument of the greatest use.

Finding a concern to vifit friends in the Lower Counties on Delaware, and on the Eastern Shore of Maryland, and having an opportunity to join with my well-beleved antient friend John Sykes, we obtained certificates, and fet off the feventh day of the eighth month, in the year 1748, were at the meetings of friends in the lower counties. attended the yearly meeting at Little Creek, and made a vifit to chief of the meetings on the Eastern Shore; and so home by the way

of Nottingham: were abroad about fix weeks: and rode, by computation, about five hun-

Our exercife, at times, was heavy; but, through the goodness of the Lord, we were often refreshed: and I may fay, by experience, "He is a strong hold in the day of trouble." Though our fociety, in these parts, appeared to me to be in a declining condition; yet, I believe, the Lord hath a people amongst them, who labout to ferve him uprightly, but have

many difficulties to encounter.

dred and fifty miles.