

help in a country ; yea, and a great favour and a blessing, when customs first settled, are agreeable to sound wisdom : so when they are otherwise, the effect of them is grievous ; and children feel themselves encompassed with difficulties prepared for them by their predecessors.

As moderate care and exercise, under the direction of true wisdom, is useful both to mind and body ; so, by this means in general, the real wants of life are easily supplied : our gracious Father having so proportioned one to the other, that keeping in the true medium we may pass on quietly. Where slaves are purchased to do our labour, numerous difficulties attend it. To rational creatures bondage is uneasy, and frequently occasions sickness and discontent in them ; which affects the family, and such who claim the mastery over them : and thus people and their children are many times encompassed with vexations, which arise from their applying to wrong methods to get a living.

I have been informed that there are a large number of friends in your parts, who have no slaves ; and in tender and most affectionate love, I beseech you to keep clear from purchasing any. Look, my dear friends, to Divine Providence ; and follow in simplicity that exercise of body, that plainness and frugality, which true wisdom leads to ; so may you be preserved from those dangers which attend such who are aiming at outward ease and greatness.

Treasures,