## THE LIFE AND TRAVELS

may venture health and life, as necessity may

require.

This difease being in a house, and my business calling me to go near it, it incites me to think, whether this business is a real indispensible duty; whether it is not in conformity to some custom, which would be better laid aside; or, whether it does not proceed from too eager a pursuit after some outward treasure. If the business before me springs not from a clear understanding, and a regard to that use of things which perfect wisdom approves; to be brought to a sense of it, and stopped in my pursuit, is a kindness; for when I proceed to business without some evidence of duty, I have sound, by experience, that it tends to weakness.

If I am fo fituated that there appears no probability of missing the infection, it tends . to make me think, whether my manner of life, in things outward, has nothing in it which may unfit my body to receive this messenger in a way the most favourable to me. Do I use food and drink in no other fort, and in no other degree, than was defigned by Him, who gave these creatures for our fustenance? Do I never abuse my body by inordinate labour, striving to accomplish fome end which I have unwifely proposed? Do I use action enough in some useful employ? Or, do I fit too much idle, while fome perfons, who labour to support me, have too great a share of it? If, in any of these things,