

having connection with some degree of oppression, and with that spirit which leads to self-exaltation and strife, and which frequently brings calamities on countries, by parties contending about their claims.

Being thus fully convinced, and feeling an increasing desire to live in the spirit of peace; being often sorrowfully affected with the thinking on the unquiet spirit in which wars are generally carried on, and with the miseries of many of my fellow-creatures engaged therein; some suddenly destroyed; some wounded, and after much pain remain cripples; some deprived of all their outward substance, and reduced to want; and some carried into captivity. Thinking often on these things, the use of hats and garments dyed with a dye hurtful to them, and wearing more cloaths in summer than are useful, grew more uneasy to me; believing them to be customs which have not their foundation in pure wisdom. The apprehension of being singular from my beloved friends, was a strait upon me; and thus I remained in the use of some things contrary to my judgment.

On the thirty-first day of the fifth month, 1761, I was taken ill of a fever; and, after having it near a week, I was in great distress of body: and one day there was a cry raised in me, that I might understand the cause why I was afflicted, and improve under it: and my conformity to some customs, which I believed were not right, were brought to my remembrance; and in the continuation  
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