

vessels, with hearts loaded with grief, under the apprehensions of miserable slavery; my mind was frequently opened to meditate on these things.

On the seventeenth day of the month, and first of the week, we had a meeting in the cabin; to which the seamen generally came. My spirit was contrite before the Lord; whose love, at this time, affected my heart.

This afternoon I felt a tender sympathy of soul, with my poor wife and family left behind; in which state, my heart was enlarged in desires, that they may walk in that humble obedience wherein the everlasting Father may be their guide and support, thro' all the difficulties in this world; and a sense of that gracious assistance, thro' which my mind hath been strengthened to take up the cross and leave them, to travel in the love of truth, hath begotten thankfulness in my heart to our great Helper.

On the twenty-fourth day of the month, and first of the week, a clear pleasant morning: and as I sat on deck, I felt a reviving in my nature; which, through much rainy weather, and high winds, being shut up in a close unhealthy air, was weakened.

Several nights of late I felt breathing difficult; that a little after the rising of the second watch (which is about midnight) I got up, and stood, I believe, near an hour, with my face near the hatchway, to get the fresh air at the small vacancy under the hatch