

“ The fowls of the air sow not, nor gather  
“ into barns, yet our heavenly Father feed-  
“ eth them,” Mat. vi. 26 ; nor do I believe  
that infinite goodness and power would have  
allotted labour to us, had he not seen that la-  
bour was proper for us in this life.

The original design, and true medium of  
labour, is a subject, that, to me, appears  
worthy of our serious consideration.

Idle men are often a burden to themselves,  
neglect the duty they owe to their families,  
and become burdensome to others also.

As outward labour, directed by the wis-  
dom from above, tends to our health, and  
adds to our happiness in this life ; so, on the  
contrary, entering upon it in a selfish spirit,  
and pursuing it too long, or too hard, hath  
a contrary effect.

I have observed, that too much labour not  
only makes the understanding dull, but so  
intrudes upon the harmony of the body, that  
after ceasing from our toil, we have another  
to pass through, before we can be so com-  
posed as to enjoy the sweetness of rest.

From too much labour in the heat, fre-  
quently proceeds immoderate sweats, which  
do often, I believe, open the way for disor-  
ders, and impair our constitutions.

When we go beyond the true medium,  
and feel weariness approaching, but think  
business may suffer if we cease, at such a  
time spirituous liquors are frequently taken,  
with a view to support nature under these  
fatigues.

I have