

A watercolor illustration showing three people from the chest up, looking upwards. They are wearing traditional robes: a light blue/white robe on the left, a brown robe in the center, and a red robe on the right. They are standing in front of several large, leafy green trees with thick brown trunks. The background is a light blue sky with soft white clouds. A black-bordered text box is centered in the upper half of the image.

PERHAPS IT IS IN THE BLOOD MEMORY.
THE LAUGHTER MEDICINE. THE SILENCE
OF REMEMBERING. PERHAPS IT IS IN THE
FOOD WE SHARE, THE AIR WE BREATHE,
THE WATER WE HOLD. PERHAPS IT IS ALL
OF THESE THINGS THAT WE DO TOGETHER
AS WE HOLD THE STORIES OF OUR
ANCIENT PEOPLES CLOSE IN OUR HEARTS.