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**Description:** The mentor-mentee relationship is a vital connection for professional and personal growth and success. This relationship can be transformative for both the mentee and mentor and result in pivotal career defining moments. Yet there is no standardized curriculum for being a mentor during medical training and many of us find ourselves in this role early on in our careers. Additionally, finding a mentor that would support growth and discovery for your injury prevention interests may require making connections outside of your department or institution to find a good fit.

This workshop will include panelists that are in various stages of being a mentor (seasoned, mid career, early career) along with mentees to provide attendees with the breadth of experiences for mentor mentee relationships. How can we find that transformative mentor mentee relationship? This session will define key components needed for these relationships to thrive and panelists will share their best practices. Attendees will also learn pitfalls that can unravel mentor mentee relationships. We will discuss how to find a mentor that would support your injury prevention interests and share our mentorship discovery paths.

Attendees will then participate in break-out sessions with small groups to discuss the best approach to challenging topics including: • What to do when the mentor mentee relationship isn't working? • How to approach authorship discussions with your mentor or mentorship team? • How to navigate having a mentor from an outside institution?

At the conclusion of workshop groups will share what they have learned from the breakout session. We will conclude the session by discussing how to transition from being a mentee to mentor.

## Objectives:

- 1. Define key components needed for a successful mentormentee relationship
- 2. Identify pitfalls that can lead to a breakdown in the relationship
- 3. Explore how to find a good fit for a mentor for your injury prevention interests
- 4. Discuss how to overcome roadblocks and navigate challenging topics within the mentor-mentee relationship 5. Understand how to transition from being the mentee to the
- mentor

CHILD PASSENGER SAFETY GROUP MEETING

## Child Passenger Safety Group Meeting / LATCH Manual Training

Saturday, December 2, 2023, 5:00 PM to 6:00 PM



Denise Donaldson, MBA, CPST-I Editor/Publisher Safe Ride News Publications, LLC denise@saferidenews.com

**Description:** There are many tools which support the important work of Child Passenger Safety Technicians. This workshop will be provided during the annual CPS Subcommittee Meeting to increase the use and knowledge of the LATCH manual and answer questions for effective increased use across the country. Each program which does not currently use the LATCH manual will receive a manual after the training/meeting. A \$750 grant was secured through SafeKids to support the purchase of LATCH manuals.

LATCH Manual 101 includes an overview of the basic components of SRN's LATCH Manual, an essential resource for child passenger safety advocates. This CEU presentation focuses on the types of information in the LATCH Manual, where it comes from and, most importantly, how to find it. 1-CPS CEU for recertification

**Objectives:** 1. CPS Technicians will become familiar with the organization of the detailed information provided in the LATCH manual 2. CPS Technicians will be able to quickly identify necessary information to ensure proper specific vehicle & car seat installation specifications. 3. Understand the benefits of the LATCH manual and how to use this tool to support technicians' continued growth and development.